

INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

Název školy	Gymnázium, Šternberk, Horní nám. 5
Číslo projektu	CZ.1.07/1.4.00/21.0390 0218
Šablona	III/2 Inovace a zkvalitnění výuky prostřednictvím ICT
Označení materiálu	VY_32_INOVACE_HoP15
Vypracoval(a), Dne	Mgr. Pavlína Horáčková. 3. 6. 2013
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Předmět	Anglický jazyk
Třída	3.A
Téma hodiny	Food and eating habits
Druh materiálu	Pracovní list
Anotace	Pracovní list obsahuje <u>rozšiřující</u> slovní zásobu k tématu „Food and eating habits“. Jeho součástí je procvičení rozkazovacího způsobu formou kuchařského receptu, sestavení vlastního menu, vyhledání typických jídel pro ČR a Velkou Británii, případně i USA.



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Food and eating habits

1. Take your dictionaries and look up words LUNCH and DINNER. What is their definition?
2. Describe Czech cuisine and typical daily meals in the Czech Republic (breakfast, morning snack, dinner/lunch, afternoon snack, supper/dinner).
3. Describe British cuisine and their daily meals (breakfast/brunch, snack, lunch, tea/high tea, dinner/supper). You may use the internet to help you.
4. Name some traditional meals in our country:

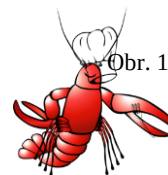
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5. Some useful terms to remember:

junk food	- unhealthy food, easy and quick to prepare and eat; usually a kind of instant food full of additives (emulgators)
fast food	- hot food, such as burgers, that is quick to cook or is already cooked and is quickly served in a restaurant
healthy food	- food that is good for human body

6. Check the vocabulary below. You may also provide some additional examples.

FOOD					
Soups:	vegetable soup (cabbage, potato, tomato, parsley, mushroom, lentils, rice, leek, garlic...), creamy soup, clear soup				
Meat:	beef, lamb, veal, pork, fish, mutton, rabbit, seafood, poultry, game				
Poultry:	chicken, hen, cock, goose, duck, turkey				
Fish:					
trout	- pstruh	sardine	- sardinka	shrimp	- kreveta
carp	- kapr	herring	- sled'	prawn	- garnát
mackerel	- makrela	codfish	- treska	oyster	- ústřice
shark	- žralok	tuna	- tuňák	eel	- úhoř
salmon	- losos	whale	- velryba	crayfish	- rak
anchovy	- ančovička	shellfish	- škeble	octopus	- chobotnice
Side dish:	pasta, potato, mashed potato, potato salad, potato pancakes, chips (BrE)/French fries (AmE), rice, dumplings, bread				
Cereal:	oat, barley, wheat, rye, bran, millet, porridge/oatmeal, muesli, flavoured cereal (cornflakes)				
Deserts:					
pudding	- zákusek (Christmas pudding)	jelly	- želé		
pie	- koláč (Pumpkin pie, Apple pie)	sundae	- zmrzlinový pohár		
cake	- zákusek, dort, koláč	truffle	- měkký čokoládový piškot		
scones	- buchtičky	muffin	- bábovička :)		
doughnut	- kobliha	strudel	- štrúdl		
pancake	- palačinka				
Fast Food:	hamburger, cheeseburger, beef burger, chips/French fries, pizza, hot dog, sandwich, fish and chips, fried sausage				
Fruit and Vegetables: (see the vocabulary sheet attached)					
Spice:					
sage	- šalvěj	rosemary	- rozmarýn	curry	- kari
salt	- sůl	thyme	- tymián	cinnamon	- skořice
pepper	- pepř	ginger	- zázvor	clove	- hřebíček
Other ingredients:					
mustard	- hořčice	soya sauce	- sojová omáčka	Worcestershire sauce	
ketchup	- kečup	vinegar	- ocet	- worcestr. omáčka	
mayonnaise	- majonéza				
Pastry:					
crumpet/Easter cake	- mazanec	butter-roll	- loupák	toast	- topinka
Christmas cake/bread	- vánočka	gingerbread	- perník	French loaf	- veka



Obr. 1



Obr. 2



Obr. 3



Obr. 4



Obr. 5



Obr. 6

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DRINKS

Soft drinks: juice, still mineral water, fizzy mineral water, soda, lemonade, tea, coffee, syrup, cocoa, milkshake

Hard drinks/Alcohol: beer, rum, whisk(e)y, vodka, champagne, slivovitz (plum-brandy), bourbon

Soda: Coca-Cola, Fanta, Sprite, Cherry Coke, Seven Up, RC Cola, Pepsi



Obr. 7

What is your favourite menu? Use your dictionary if needed.

MY MENU

Appetizer:

Main dish:

Dessert:

Drink:

Obr. 8

7. Write a recipe for scrambled eggs using the following expressions:



Obr. 9

take a pan, pour oil, turn on the cooker, crack an egg, peel an onion, chop an onion, stir the mixture, add a pinch of salt, get thick, turn off the cooker, take a plate, put on a plate, serve the meal



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POSSIBLE RESULT FOR ex. 6

Take a pan from your cupboard. Pour a little bit of oil into the pan. Turn your cooker on and put the pan on the cooker. Meanwhile peel and chop an onion. When the oil is hot, put the chopped onion into the pan and stir it gently. When the onion is soft, crack your eggs into the pan and stir the mixture. Add a pinch of salt, pepper or other spices that you like. When the mixture gets thick, turn off the cooker. Take a plate and put the ready mixture on your plate. Now, you can serve the meal.



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OP Vzdělávání
pro konkurenceschopnost

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Ověřeno (datum)	17. 6. 2013
Předmět	Anglický jazyk
Třída	3.A
Téma hodiny	British and American cuisine
Druh materiálu	Prezentace
Anotace	Prezentace představuje tradiční a typická jídla ve Spojeném království a USA. Rozšiřuje slovní zásobu, obsahuje cvičení na tvorbu slov. Žáci přeloží typická česká jídla a vytvoří typický český jídelníček.

British and American cuisine

Try to fill in the gaps with correct forms of the words in brackets:

British Cuisine

British cuisine is _____ (usual) said to be simple and without flavour. Some people even say that it is not tasty at all. _____ (major) of their dishes consist of potatoes and roast meat. On the other hand, it can be _____ (consider) pretty healthy because they eat a lot of vegetables – _____ (steam), boiled but also raw.



Obr. 1

What is the difference between lunch and dinner?

- **Lunch** is a light meal that is not cooked. It is usually a sandwich or salad. British people eat it around noon.



- **Dinner** is the main meal of the day. It is cooked, warm and the most important meal of the day. British people eat it in the evening while Czech people eat it at noon.

(So, when you go to the dining room at 12 o'clock, you are going to have your DINNER, not your LUNCH!!!)

What do people eat in the evening then?

- As it was mentioned previously, British people eat their dinner in the evening while in the Czech Republic we have **SUPPER**.
- **Supper** is an evening meal that is light, not cooked and not as rich as the dinner.



Obr. 3

Traditional British Breakfast



Obr. 4

What does it consist of? Look at the pictures and try to figure it out.



Obr. 5

What is BRUNCH?

- It is a word for late **B**reakfast and early **L**UNCH
- People in the UK as well as in the U.S. eat it at about 11 o'clock.



Obr. 6

- It may consist for instance of scrambled eggs, sausages, hashbrown, pancakes, bacon, some vegetable salad, etc.

British lunch

- British lunch is usually a light meal that is packed and prepared at home. It can be a sandwich, fruit or vegetable salad, packet of crisps or a muesli bar.
- Especially students carry their lunch in their plastic container.



Obr. 7

Let's have some TEA!

- The term „**TEA**“ is usually connected with typical British drink consisting of black tea and milk, which is served at 5 p.m. with some biscuits.
- Nowadays though, „**TEA**“ may also refer to an evening meal for little children (i.e. dinner for children).



Obr. 8

Typical British dinner



Roast Beef
Yorkshire pudding
Potatoes
Broccoli
Roasted parsnip

Typical British dinner



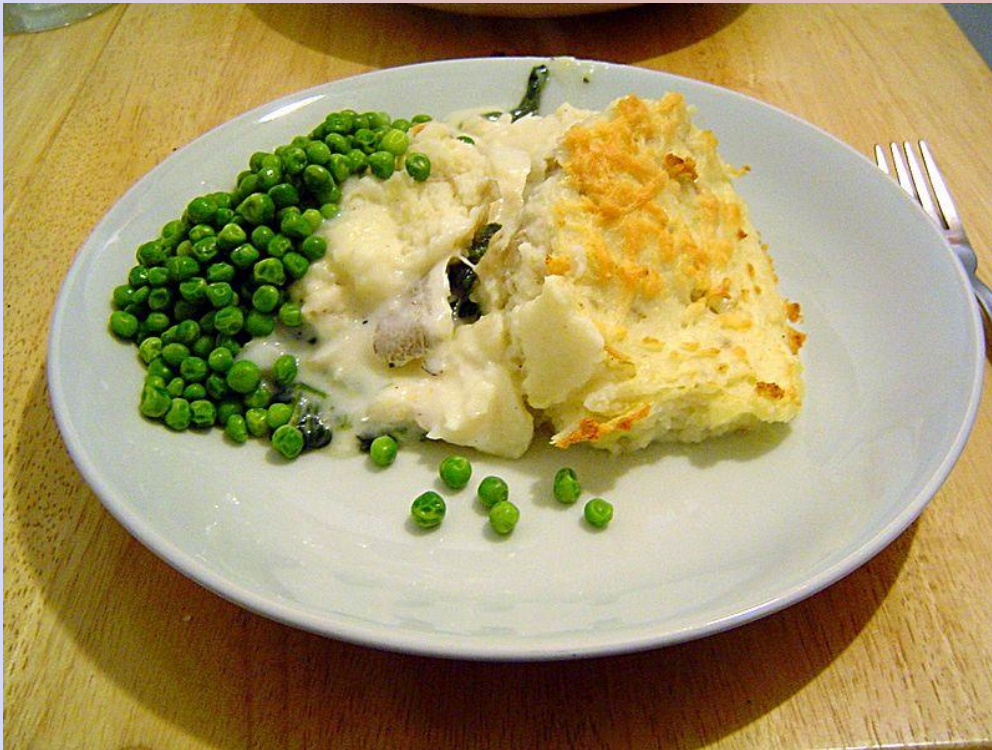
Obr. 10

Shepherd's pie (also known as Cottage pie)

- It consists of mince beef, vegetables and mashed potatoes on top.

Typical British dinner

Fish Pie



Obr. 11

- It is usually made of some kind of fish, leaves of spinach and mashed potatoes on top.

Typical British dinner

Cornish Pastry



Obr. 12

- This dish is typical for Cornwall.
- It is a spicy meat or vegetable mixture in pastry.

Typical British dinner



Obr. 13

Fish and Chips

- This is typical British fast food. It consists of fried fish and chips.

Other British food



Obr. 14

Hot Cross Buns – Typical for Easter

Christmas Pudding



Obr. 15



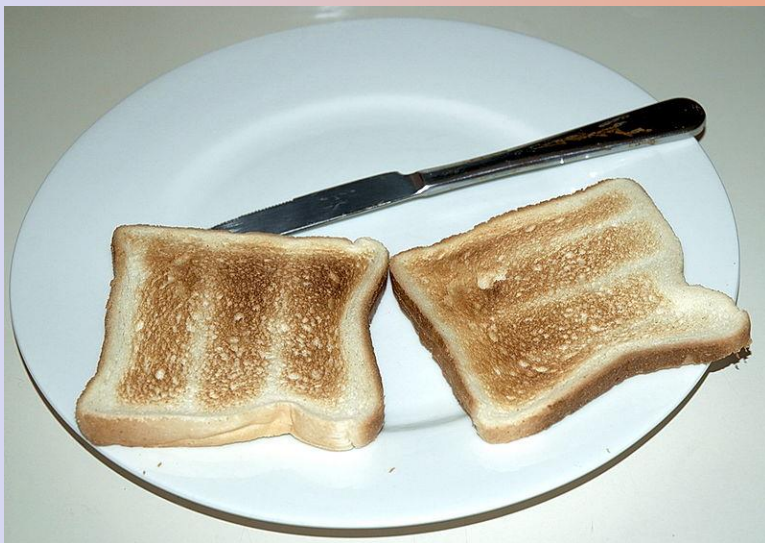
Obr. 16

Marmite



Obr. 17

Black tea and milk



Obr. 18

Toast



Obr. 19

American cuisine

American cuisine is often described as one of the _____ (unhealthy) cuisines in the world, probably because of fast food tradition. American people love to eat in fast food restaurants, but the _____ (advantage) of such food is that you can become _____ (addict) to it very _____ (easy). Fast food contains a lot of fat as well as sugar which can be _____ (harm) for your body.

American Breakfast

Obr. 20

- American breakfast is very similar to the British one.
- Cornflakes and milk is very popular too as well as French toast, pancakes and maple syrup, grits or fruit or donuts.



Obr. 21

Typical American dishes

Fried chicken, mashed potatoes and Coke



Obr. 22

Steak



Obr. 23

Typical American dishes



Obr. 24

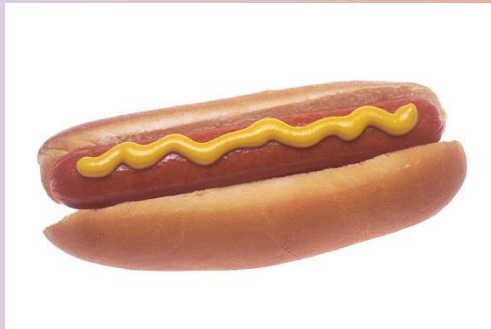
Hamburger



Obr. 25

Fried
onion
rings

Hot dog



Obr. 26

Super size pizza



Obr. 27

Typical American dishes - seafood



Obr. 28

Crab

Prawns



Obr. 29

Coca Cola



Obr. 31

Popcorn



Obr. 33



Obr. 30

Peanut butter



Obr. 32

Starbucks coffee

And what about Czech cuisine?

- Can you find Czech expressions for the names of the dishes below? You may want to use your dictionaries to help you.

sirloin

fried carp

beef stock

schnitzel

potato pancakes

strudel

rice pudding

pickled gherkins

Easter crumpet

fruit dumplings

Pork, sauerkraut
and dumplings

egg spread

Sometimes it is difficult to find English word for some expressions. How would you explain the following ones to an English person?

- Tvarůžky
- Žemlovka
 - Koláč
 - Bábovka
- Velikonoční Kuba
 - Lečo
- Vánoční cukroví

What do Czech people usually eat?

- Breakfast:
- Morning snack:
- Dinner:
- Afternoon snack:
- Supper:

And what about the drinks?



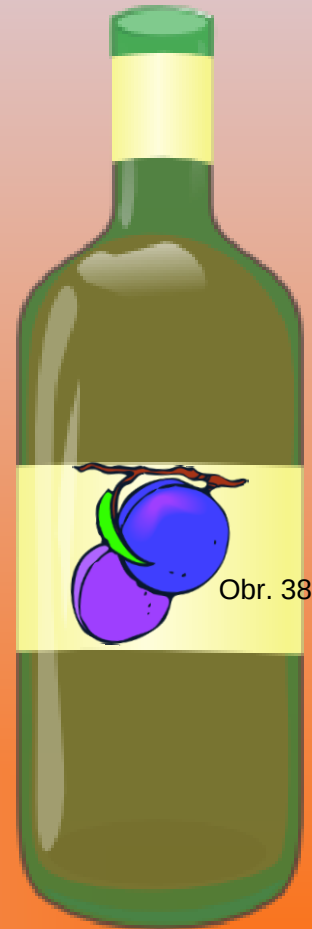
Obr. 34



Obr. 36



Obr. 35



Obr. 38

Obr. 37

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